

# Marriage 101:

## How to do Marriage Well

**2019 Saturday Workshop Dates: Jan 12 Mar 9 May 11 Aug 10 Oct 5**

This workshop is for couples who are either engaged or discussing marriage and want to learn what makes a marriage terrific or horrific.

### Couples will learn:

- The Christian foundation for successful relationships
- The skills all happy couples possess
- Tips for mastering conflict
- Ways to grow daily in friendship, affection, and appreciation
- How to create shared meaning in your life



### Time:

9:00am - 4:00pm\*

\*Continental breakfast will begin at 8:30am

### Location:

The Brief Lab

1311 Butterfield Rd, Ste 300

Downers Grove, IL 60515

Cost: \$100 per couple

includes continental breakfast, lunch, & all materials;  
NOTE there is a \$25 non-refundable registration fee



**Each Workshop limited to 10 couples!**

**Register Online Now** Questions? call 800-361-6880

*Marriage 101: How to do Marriage Well is facilitated by Doug Hinderer, MA, LAMFT. Doug, a husband of 38 years and father of nine, is passionate about helping couples enjoy marriage as God intended.*



Doug Hinderer



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*Promoting health and wholeness through professional counseling, consultation and education from a Christian perspective.*